

THE MAGICAL THEATRE PRESENTS

**DREAMING
DOWN
HEAVEN**

by
Gini Gentry

Book Two - Non Fiction

The Magical Theatre

Ah, my beloved . . . at last.

I wondered how long it would take you to discover this cache of my most cherished keystones—the secrets to happiness.

It was inevitable, of course. If you look back over your life, you can witness the perfectly orchestrated chain of events that delivered this gift to your hands. As you trudged through your daily obligations toward this moment in time, did you ever suspect there was something amiss? Did you wonder why, the more you searched for an abiding sense of contentment, the more elusive it became?

Perfect.

That pinprick of curiosity, that drive to seek a greater truth, is precisely the awareness you need to propel your escape from the dreamlike enchantment of your life—and rediscover (for you knew it once) the truth of your magnificence.

You are probably wondering who I am and why I want to help you, so permit me to introduce myself. I am known as Maya, the Goddess of Illusion, first claimed by the ancient Hindu tradition and now embraced by cultures the world over. You don't have to believe in me to benefit from my wisdom; simply keep your heart open to the time-honored truths I will share with you. I promise that, if you listen and incorporate my twelve keystones into your life, you will awaken to a world of possibility. In fact, I must admit that I had a hand in designing this beguiling game of earthly life you've been playing—the game you so earnestly think of as “reality.” *I* call it the Magical Theatre, for it is a realm where anything can happen if you open to the possibilities.

This may sound strange to you, so let me explain. Suspend your skepticism for a moment, and imagine a time in the eons before you began your human journey. Yes, eons, my dear—for your spirit existed long before you entered the game of life in the Magical Theatre. You were once an angelic being who experienced each love-filled moment flowing unimpeded into the next, across eternity. Can you remember, or imagine, a glimmering of that state of grace?

From that place of infinite wonder, you courageously chose to participate in the play of the Magical Theatre. Though your decision wasn't easy, you felt you were ready to expand beyond your knowing. You fully understood that a spell of forgetfulness would be cast upon you when you entered this enchanted territory. Like the multitudes of other souls who joined the adventure called life on earth, you knew that the only way to awaken from the spell was to remember, and reconnect with, your essential perfection.

Your intent upon entering the Magical Theatre was to star in your own glorious production without being impeded by earthly fears. You, like all the others, were certain you would be able to break the spell of forgetfulness. But no sooner did you enter your body than you succumbed to the potency of the illusion. You became swallowed up in the daily drama of the Magical Theatre, forgetting that you had agreed to play the game of awakening.

Worse, like millions of others trapped in the same oblivion, you developed a deep conviction of your own imperfection. You came to accept that in order to feel complete and experience your divine heritage of unconditional love, you needed to improve, change, or pretend to be something you were not. You began to seek answers outside

yourself, thinking that if only you could be smarter, cuter, more talented, or more successful, then you would find the enduring happiness that had eluded you.

Dear one, do you really think you need to become better or more than you are to be happy? I can assure you this is laughably far from the truth. In fact, it makes no sense. As a spark of the divine source, how could you be anything other than perfect? Be assured that your nonsensical thinking is merely a result of the spell you're under, which leads you to search in vain for the missing pieces that might aid you in becoming impossibly flawless.

Know this now, my love: *what you long for does not exist outside of yourself*. It cannot be found through relationships, status, or accumulation of treasures. The true wellspring of your magnificence lies within you and therefore could not be missing. It has simply faded from your awareness. You have forgotten that you were born whole, faultless, and irrevocably connected to the heart of the Sacred. You need not seek love, for you are its source.

Miracles await if only you remember who you truly are. I am honored to quicken your recollection by sharing my twelve keystones—the foundational principles that will release you from the slumber of forgetfulness and free you to expand into boundless joy. If you study the keystones and live them with courageous intent, you can consciously reclaim the legacy of your divine spark. Each keystone is accompanied by a Magical Action that will aid you in igniting the flame of awareness.

Once you have embodied the keystones, you will step into a world of unlimited possibility. In the Magical Theatre, you are the producer, director, writer, and star of your own wondrous production. Armed with free will, you can create a life of your own

choosing. I am here to help you navigate the journey, so call on me any time you are in need of support and I will join you in the dream world. In the nighttime, unencumbered by the pull of the enchantment, I will reveal to you the secret of secrets: how to dream down heaven. In return, I ask only that you open your mind and unlock your heart. It is a splendid deal, is it not?

And now, my beloved, let's begin!

I. Role

Beloved, today you have the unprecedented opportunity to begin to uncover your true essence. I understand that you think you already know who you are...yet I ask you to set aside your opinion and be willing to consider another viewpoint. Imagine that you are far more wondrous than you have ever imagined. From this perspective, ask yourself: *What if the one I call "I am" is not the deepest truth of me, but an identity I crafted to make myself feel safe as I travel through life?*

Next, consider that the creation you call *you* is a narrow interpretation of infinite possibilities, constricted into a particular role you've been playing. You've played this part for so long that you have perfected every nuance of character, and you've become convinced that the role *is* you. Yet just as an actor is not the part he portrays onstage, you are not the role you play in the Magical Theatre. Once you can venture beyond the boundaries of your accustomed role, you'll encounter a vast array of opportunities.

Stepping out of your role to explore this new world does not entail changing who you are. It means finding out what you are *not* by undertaking an inward exploration of the myth, truth, and magic of your life. Like an actor researching a part, you can gently uncover what underlies your identity by unearthing your motivations, limitations, and inspirations. This process of excavation will allow you to recognize that you have the freedom to expand your role and create a fabulous new production.

To begin, my dear, let's examine the **myth** that is the story of your life. For your story is a mythical creation. I know that it seems real, because it is founded on your very real emotional reactions to the people and circumstances you've encountered. Yet the

foundation itself is shaky, because it's built on what people have told you about yourself and what society has taught you is acceptable. It is not rooted in any solid, enduring truth.

You began to develop your role at a very young age, in response to the circumstances you've encountered. Other people have told you how to behave and defined who you were from the first moment you entered the stage; you took their cues and became who you thought you were supposed to be. Consciously or unconsciously, you made decisions based on your emotional responses, which led you to act out a certain plot line. You began to write a script for your life that meticulously kept you within the confines of the role you'd chosen. Then you faithfully adhered to the fine points of this script, probably without even realizing that things could be different.

Permit me to give you an example, my dear. Perhaps as a child your parents were too busy to pay much attention to you, which you responded to with feelings of abandonment. To get their attention and express your pain, you developed a habit of throwing temper tantrums. As you persisted in your quest for attention you became known as “volatile” or “moody,” a description that became a key part of the role you played throughout your life. Your moodiness created melodramas all around you, and you took it for granted that being embroiled in drama was a natural part of life. Or maybe it was the opposite—you were punished for expressing yourself as a child, so you learned to keep your feelings inside, and you assumed the role of a stoic. Now people describe you as “even-keeled” and “dependable,” even though you often feel like a victim.

Can you see how both roles could be limiting? I don't mean to imply that your emotional responses aren't real or valid, but I must point out that they are also reactions. You have let these reactions run your life, leading you to steep yourself in familiar plot

lines that fit in with your idea of who you are. Think about it: whenever you assume one role, it leaves out countless other options. If you're moody, you can't be serene. If you're rigidly dependable, you can't be spontaneous. Either way, you align with a fixed idea of who you are, even if your spirit is longing to roam and explore. You're stuck in a cycle of action and reaction, and "who you are" becomes such a habit that it can be frightening to contemplate acting differently.

Know that you are not alone, for humanity as a whole has kept its choices restricted, as you have, out of fear. When everything around you stems from a dualistic perception based on fear, it's only natural that you react by fearfully reining in your role. No wonder you often feel tired and stressed—the ongoing melodramas you have crafted to keep your story deceptively fresh, safe, and familiar also ensure you continue playing a character that is small, manageable, and predictable. And it takes a lot of energy to keep yourself so well-defended.

Why not use that same mental energy to become the infinite being you were born to be? No matter how familiar and comfortable your role feels or how well you can play your part, it remains a minuscule and inaccurate reflection of your boundless splendor. That's why it is imperative that you begin to deconstruct the "story" you have crafted to define your experience in the Magical Theatre. First, step out of your role and instead imagine yourself as the director of your production. From this perspective, watch yourself onstage and regard your guise with fresh awareness. Ask yourself if this role accurately reflects who you are. Does it allow you to play an ecstatic part center stage in your own life? Has living out this myth of you brought you lasting happiness, tranquility, love and trust?

If not, recognize that, as your own producer, the opportunity to rework your role lies in your hands. From the point of view of the Magical Theatre, you can do anything you want to do and be anyone you want to be. Today, make the decision to stop living from fear and courageously acknowledge that you've had a hand in creating your self-portrayal onstage in the Magical Theatre. No one wrote the script of your life for you; no one imposed it on you as a punishment or a reward. You have directed every scene and produced every act. Of course, your plot may have taken an unexpected twist once in a while, and you may have been faced with circumstances that were beyond your control. When this happened, you may have blamed another person, situation, or fate for the unforeseen events. But in truth, since you are the playwright of your own life, *you* have concocted your own reactions and responses and developed the patterns that now describe your life.

After identifying the myth of your life story, you're ready to uncover the **truth** of who you are. Pay close attention now, my sweet. *You are not your role, you are not your emotional responses, and you are not the myth of your life.* You are not the framework that you use to describe your identity. You are something far greater and more magnificent. You are a spark of the Divine Mystery and are irrevocably connected to the heart of the Sacred. You are faultless, eternal, and beloved.

It may take some doing to absorb this knowingness, for you have been entrenched in your myth for a long time. At first, simply be open to see that your role was born of your mind's reactions to your life experiences, and that, with awareness, you can shift the routines that keep you stuck in old patterns. Once you realize the truth, take care not judge or blame yourself for letting yourself play a lackluster role instead of being the star

of your own production. Know that, like nearly everyone else in the Magical Theatre, it's simply that the thrall of your myth mesmerized you into forgetting you have the innate capacity to redirect your destiny and take pleasure in your experience of life.

Are you ready to throw away your stale old myth and begin to enjoy the stunning array of opportunities in the Magical Theatre? Now that you have recognized that you are responsible for your role, you are free to engage the power of **magic**. I call life on earth the Magical Theatre for good reason, my sweet. The Magical Theatre is merely an illusion. Its boundaries are imaginary, and its magic is under your dominion. By creating the role you desire, you can direct a new script for your life and mount a joyous, fulfilling production.

Today, dare to remove the bewitched spectacles that have kept you from knowing who you really are. Then peer closely at the fine print on the theatre's playbill that reads: *Magical means anything is possible. You are limited only by your choices.* As the creator of your own role and the playwright of your own script, your options are inexhaustible. And while life events themselves may not all appear to be under your jurisdiction, it is always possible to form a new perception of them. With a fresh outlook, you can align your choices with actions that move you toward your heart's desire.

I implore you to decide today to abandon the lenses that have blinded you to the richly amusing enchantment all around you. See your life story as a myth of your own creation...and have the courage to shift, create, expand, and explode out of your accustomed role into a fantastic new production!

Here, then, is your first keystone:

You are the playwright of your own life.

Magical Action

From your perspective in the director's chair, ask yourself these four illuminating questions:

What is the myth I've been clinging to?

How do I feel about the role I've been playing?

What image of myself do I most stubbornly defend?

Aside from my relationships and career...who am I, really?

Take all the time you need to discover what motivates and informs the many aspects of your world. Let your thoughts pour forth without evaluation and allow yourself to experience the excitement of discovery. Imagine you are gathering clues about who you *really* are. What do you find in this place of uncensored awareness?

When you have finished your investigation, reflect with renewed insight on your enchanted creation—the fabled character you have called “I am.” To begin creating a fantastic new role, ask yourself:

What role would I assume if I had unlimited choices?

What is in the way of igniting the magic?

How can I rewrite my script in the Magical Theatre?

II. Perception

Congratulations, my beloved! You have bravely flung away your bewitched spectacles and begun to see that, although admittedly engaging, the role you've been playing isn't *real*.

And now I must confess...neither is anything else. *Reality as you perceive it does not exist*. Like each of the six billion souls in the Magical Theatre, you have single-handedly constructed your own version of "reality." From your own unique point of view, you adopted a version of inner and outer reality that you came to accept as absolute.

When you come to truly understand that you have constructed your own reality, you will see that everything you know about "reality" is subjective. That is because both your physical world and life experiences are interpreted through the powerful filter of your thoughts and emotions. Your mind creates reality by blending your personal interpretations of events with a manageable amount of data sifted from the countless options available. Based on this meager information, you draw a conclusion about what is absolute and concrete.

Can you see how arbitrary this is, how insubstantial? In fact, your "reality" is not only an impression from a restricted angle of perception, but an altogether personal experience. Reality in the Magical Theatre isn't a fixed state but a malleable one. Everything you believe about reality is simply your personal opinion, combined with your uncanny ability to stubbornly cling to an illusion. You then overlay this "reality"

with your emotions, gather all the pieces into an untidy pile, and call it “the meaning of life.” As if, my dear. Outrageous!

Let me give you a simple example. In order to heighten your enjoyment of life in the Magical Theatre, you’ve been equipped with taste buds that can discern countless different flavors and textures. Your taste differs from everyone else’s, and like everyone you have your particular likes and dislikes. It may be a reality to you that raw oysters are nauseating but raw sushi is delicious. Yet naturally, you know people who consider oysters a tasty treat and despise sushi. You share a common ability to taste, but your interpretation of different foods is unique because you automatically overlay your perception with what you *think* or how you *feel*. The same holds true for sights, sounds, and other impressions that form your entirely subjective point of view.

Don’t take this personally, my darling—everyone in the Magical Theatre is in the same situation. I’m simply helping you see the truth so you can release the point of view that your thoughts and emotions form the foundation of a fixed reality that can stand the test of time. This will be a great relief, I promise you, and it will open you up to undreamed-of prospects and unimagined vistas.

Now that we’ve gone this far, let’s take it a step further. Your understanding of reality tends to be framed, and limited by, your five rudimentary senses. Since you need to filter reality through these channels, energy manifests in certain forms you can claim as solid, using the arbitrary boundaries that your senses are able to perceive. But what if you could move beyond the confines of your five senses and perceive the world from the point of view of pure energy? From this standpoint, all matter is composed of energy with infinite intelligence.

Let me explain, using your own body as an example. Through your basic senses, you experience your body as separate from everything else. Yet by using your imagination, you can “understand” that your body is comprised of sub-atomic particles, or very tiny bits of luminosity that I like to call fairy lights. Whether you employ scientific or artistic explanation, it’s a fact that these motes are the sparks of creation that lend you your unique life force. You are animated by this profound mystery with infinite intelligence, and your physicality differs from other life forms only because the inner arrangements of the lights vary. Different designs, same Designer. The same life force that animates you also exists in your neighbor, a rabbit, or a tree.

My dear, the energy is all interconnected. You are not separate; you are a unique aspect of the infinite. That means that the boundaries you perceive between yourself and other expressions of physical reality are truly superficial and, like your emotional perceptions, can be shifted at any time. Yes, you can change reality! If this seems absurd to you, sweetness, it’s only because you have grown accustomed to relating to your inner and outer world as one and the same. I encourage you to stretch the way you think about reality and begin to let go of your external illusion as you dive deeply inward.

Take a moment to consider the page you’re reading from the point of view of pure energy. First, shift your awareness to see beyond your physical sight, visualizing that the paper, like you, is made of microscopic twinkling lights. Now soften your gaze and, allowing your intuition to merge with a distant reality, witness your hand as it holds this book. You already have a physical and emotional perception of the appearance of your hand and fingers—but can you also imagine the interaction between the lights and the space within its form?

Next, shift your focus, release your opinions about your hand, and allow the boundary that separates it from the page to soften and melt away, leaving only the splendor of rapidly darting lights. Where now is the dividing line between your physical self and the page? Where is the border separating you from the staggering wonder of the Divine Mystery? It has faded, and you have discovered the only enduring “reality” of the Magical Theatre: you are part of the infinite cascade of brilliant lights seamlessly merging to form a single, transcendent Light Being.

I’m delighted to tell you, beloved, that since you are connected to all other aspects of life, you are never really alone. You are never helpless or without support. Anything is possible—including miracles—because you are connected to everyone and everything, all the time. From this new perspective, you can dare to dream, take a chance, shed the trappings of your role, change your script, and leap joyfully into the center of your magical production!

Dear one, please accept that the many wonders of the world will not change so you may finally know the truth of your magnificence. It is *your* perception of the world that must change. Once it does, this new awareness will free you from the plodding, often painful, and generally mistaken notions of reality you experience onstage in the Magical Theatre. Any time you wish, you can expand your physical and emotional perceptions as creatively as a designer creates new backdrops for a scene.

And finally, once and for all release your attachment to your understanding of physical “reality.” Truly, when you consider that you are traveling through the galaxy at thousands of miles an hour with nary a breeze in your hair—it would appear that anything “real” is suspicious. Carry, then, this keystone in your deepest awareness:

Your perceptions create your reality.

Magical Action

To begin shifting your perception, climb into your director's chair and, from a place of neutral curiosity without judgment or blame, take one action every day this week.

Day One: Notice when a reaction you have arises from your perception.

Day Two: Catch yourself making an assumption about another's perception.

Day Three: When a painful situation arises, entertain the idea that your experience of it can shift if you change your perception of it.

Day Four: Become aware of when you are using a certain angle of perception to see what you want to see and justify your point of view.

Day Five: Try responding to someone in a new way based on your altered perception.

Day Six: Make a list based on the question, *How would it change my life to see things from the perspective of no boundaries?*

Day Seven: Practice running a gauntlet, dodging and weaving to avoid any traps that threaten to keep you from staying in your new awareness

More Information Visit: <http://www.ginigentry.com>